**The Five Themes of Geography**

The Five Themes of Geography help group information about our world. The themes include movement, region, human-environment interaction, location, and place. The acronym MRHELP is often used to remember and describe each theme.

**Movement** explains how people, ideas, and animals move from one place to another. The spread of different cookbook recipes around the world is an example of movement.

**Region** involves a group of places that have common features or characteristics. South America is a region that includes Brazil, Colombia, and Venezuela.

**Human-Environment Interaction** explains how people affect the environment and how the environment affect people. People either adapt to and/or modify their surroundings. An **adaptation** is the process of changing a behavioral trait such as food, clothing, or shelter in order to survive in an environment.

A **modification** occurs when the physical environment is changed to enhance its safety, security, utility, or accessibility. For example, people build homes to protect themselves from harsh climate. People also build and install solar panels to generate energy from the sun.

**Location** provides a way of finding or locating places. **Absolute location** is the exact point where place is located. Geographers use a satellite system called Global Positioning System to find absolute location. **Relative location** is where a place is in relation to others. For example, the city of El Paso is located near the Rio Grande River in Texas.

**Place** includes the features or characteristics of a location or place. The Mountains and Basins region is located in the western portion of Texas. The region is very mountainous and includes plateaus, basins, and desert.

Reading adapted from “Themes and Elements.” National Geographic World Cultures and Geography. Washington, DC: 2015

**The Five Themes of Geography Los cinco temas de la geografía**

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| The Five Themes of Geography help group information about our world. The themes include movement, region, human-environment interaction, location, and place. The acronym MRHELP is often used to remember and describe each theme. | Los cinco temas de ayuda grou p Información de Geografía sobre nuestro mundo. Los temas incluyen movimiento, región, interacción hombre-ambiente, ubicación y lugar. El acrónimo MRHELP se utiliza a menudo para recordar y describir cada tema. |
| **Movement** explains how people, ideas, and animals move from one place to another. The spread of different cookbook recipes around the world is an example of movement. | **El movimiento** se explica cómo las personas, las ideas y los animales se mueven de un lugar a otro. La difusión de diferentes recetas de cocina de todo el mundo es un ejemplo de movimiento. |
| **Region** involves a group of places that have common features or characteristics. South America is a region that includes Brazil, Colombia, and Venezuela. | **Región** involucra un grupo de lugares que tienen rasgos o características comunes. América del Sur es una región que incluye Brasil, Colombia y Venezuela. |
| **Human-Environment Interaction** explains how people affect the environment and how the environment affect people. People either adapt to and/or modify their surroundings. An **adaptation** is the process of changing a behavioral trait such as food, clothing, or shelter in order to survive in an environment.  A **modification** occurs when the physical environment is changed to enhance its safety, security, utility, or accessibility. For example, people build homes to protect themselves from harsh climate. People also build and install solar panels to generate energy from the sun. | **Interacción Humano-Medio Ambiente** explica cómo las personas afectan el medio ambiente y cómo el ambiente afecta a las personas. Las personas se adaptan y / o modifican su entorno. Una**adaptación** es el proceso de cambiar un rasgo de comportamiento tales como alimentos, ropa o albergue con el fin de sobrevivir en un medio.  Una **modificación** se produce cuando el entorno físico se cambia para mejorar su seguridad, seguridad, utilidad, o la accesibilidad. Por ejemplo, la gente construye casas para protegerse del clima duro. La gente también construir e instalar paneles solares para generar energía a partir del sol. |
| **Location** provides a way of finding or locating places. **Absolute location** is the exact point where place is located. Geographers use a satellite system called Global Positioning System to find absolute location. **Relative location** is where a place is in relation to others. For example, the city of El Paso is located near the Rio Grande River in Texas. | **Ubicación** ofrece una manera de encontrar o localizar lugares. **Ubicación absoluta** es el punto exacto donde se encuentra su lugar. Los geógrafos utilizan un sistema de satélites llamado Sistema de Posicionamiento Global para encontrar la ubicación absoluta. **Ubicación relativa** es cuando un lugar está en relación con los demás. Por ejemplo, la ciudad de El Paso se encuentra cerca del Río Grande en Texas. |
| **Place** includes the features or characteristics of a location or place. The Mountains and Basins region is located in the western portion of Texas. The region is very mountainous and includes plateaus, basins, and desert. | **Lugar** incluye los rasgos o características de una ubicación o lugar. La región de las montañas y cuencas se encuentra en la parte occidental de Texas. La región es muy montañosa e incluye mesetas, cuencas y desierto. |

**The Five Themes of Geography پنج موضوع جغرافیا**

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| The Five Themes of Geography help group information about our world. The themes include movement, region, human-environment interaction, location, and place. The acronym MRHELP is often used to remember and describe each theme. | پنج تم جغرافیا کمک GROU اطلاعات ص در مورد جهان ما. موضوعات شامل جنبش، منطقه، تعامل انسان و محیط، محل و مکان است. مخفف MRHELP اغلب برای یادآوری و توصیف هر موضوع استفاده می شود. |
| **Movement** explains how people, ideas, and animals move from one place to another. The spread of different cookbook recipes around the world is an example of movement. | **جنبش** توضیح میدهد که چگونه افراد، ایده ها، و حیوانات حرکت از یک مکان به دیگری. گسترش دستور العمل های آشپزی مختلف در سراسر جهان مثالی از حرکت است. |
| **Region** involves a group of places that have common features or characteristics. South America is a region that includes Brazil, Colombia, and Venezuela. | **منطقه** شامل یک گروه از مکان های که دارای ویژگی های مشترک و یا ویژگی های. آمریکای جنوبی منطقه ای است که شامل برزیل، کلمبیا و ونزوئلا است. |
| **Human-Environment Interaction** explains how people affect the environment and how the environment affect people. People either adapt to and/or modify their surroundings. An **adaptation** is the process of changing a behavioral trait such as food, clothing, or shelter in order to survive in an environment.  A **modification** occurs when the physical environment is changed to enhance its safety, security, utility, or accessibility. For example, people build homes to protect themselves from harsh climate. People also build and install solar panels to generate energy from the sun. | **انسان و محیط زیست تعامل** توضیح می دهد که چگونه مردم از محیط زیست و چگونه محیط بر روی مردم تاثیر می گذارد. مردم یا به محیط اطرافشان ادغام می شوند و یا تغییر می دهند. در **انطباق** روند تغییر یک صفت رفتاری مانند غذا، لباس، سرپناه و یا به منظور زنده ماندن در یک محیط است.  **اصلاح** رخ می دهد که محیط فیزیکی تغییر است به منظور افزایش آن ایمنی، امنیت، ابزار، و یا در دسترس است. برای مثال، افراد ساخت خانه های برای محافظت از خود از آب و هوای خشن. مردم نیز ساخت و نصب پانل های خورشیدی برای تولید انرژی از خورشید است. |
| **Location** provides a way of finding or locating places. **Absolute location** is the exact point where place is located. Geographers use a satellite system called Global Positioning System to find absolute location. **Relative location** is where a place is in relation to others. For example, the city of El Paso is located near the Rio Grande River in Texas. | **محل سکونت** یکی از راه های پیدا کردن و یا محل مکان فراهم می کند. **محل مطلق** نقطه دقیق که در آن محل واقع شده است. جغرافگران از یک سیستم ماهواره ای به نام سیستم موقعیت یابی جهانی برای یافتن محل مطلوب استفاده می کنند. **موقعیت نسبی**است که در آن یک مکان در رابطه با دیگران است. به عنوان مثال، این شهرستان از ال پاسو در نزدیکی رودخانه ریو گراند در تگزاس واقع شده است. |
| **Place** includes the features or characteristics of a location or place. The Mountains and Basins region is located in the western portion of Texas. The region is very mountainous and includes plateaus, basins, and desert. | **محل** شامل ویژگی های و یا ویژگی های یک موقعیت یا مکان. کوه ها و دستشوئی منطقه در بخش غربی تگزاس واقع شده است. منطقه بسیار کوهی است و شامل فلاوات، حوضه ها و کویر است. |